

# Table of Cheese

<b>Lesson 1 - Sit Down!</b>	<b>3</b>
How to sit correctly,	4
How to Play the Bass Drum,	
Bass Drum Exercises	4
<b>Lesson 2 - Get a Grip!</b>	<b>5</b>
<b>Lesson 3 - Quarter Note Patterns</b>	<b>6</b>
4-Bar Quarter Note Patterns	7
2-Bar and 1-Bar Quarter Note Patterns	8
Random Quarter Note Patterns	9
<b>Lesson 4 - The Ride Cymbal</b>	<b>10 &amp; 11</b>
<b>Lesson 5 - Quarter Note Patterns     with Ride, Snare &amp; Bass Drum</b>	<b>12 &amp; 13</b>
<b>Lesson 6 - The Crash Cymbal; Whole,     Half, Dotted Half &amp; Tied Notes</b>	<b>14</b>
<b>Lesson 7 - Playing Ensemble Figures</b>	<b>15 - 18</b>
<b>Lesson 8 - Eighth Note Patterns</b>	<b>19 - 22</b>
4-Bar Eighth Note Patterns	19 & 20
2-Bar Eighth Note Patterns	21
1-Bar Eighth Note Patterns	22
Random Eighth Note Patterns	22
<b>Lesson 9 - Quarter Note &amp; 8th Note Patterns</b>	<b>23</b>
4-Bar Eighth Note Patterns	23 & 24
2-Bar Eighth Note Patterns	25
1-Bar Eighth Note Patterns	26
Random Eighth Note Patterns	26
<b>Lesson 10 - The Hi-Hat</b>	<b>27</b>
<b>Lesson 11 - Eighth Note Grooves</b>	<b>28 &amp; 29</b>
<b>Lesson 12 - Developing the Bass Drum</b>	<b>30</b>
4-Bar Bass & Snare Drum Patterns	31
<b>Lesson 13 - Developing the Hi-Hat</b>	<b>32</b>
4-Bar Hi-Hat & Bass Drum Patterns	33
<b>Lesson 14 - Introducing 8th Rests</b>	<b>34 - 41</b>
4-Bar Eighth Note Rest Patterns	34 - 37
2-Bar Eighth Note Rest Patterns	38 & 39
1-Bar Eighth Note Rest Patterns	40
8th Rest Ensemble Figure Practice	41
<b>Lesson 15 - Eighth Rest Grooves</b>	<b>42 &amp; 43</b>
<b>Lesson 16 - Sixteenth Note Patterns</b>	<b>44 - 47</b>
4-Bar Sixteenth Note Patterns	44 & 45
2-Bar Sixteenth Note Patterns	46 & 47
1-Bar and Random 16th Note Patterns	47
<b>Lesson 17 - 16th and Eighth Note Patterns</b>	<b>48 - 51</b>
4-Bar 16th and 8th Note Patterns	48 & 49
2-Bar 16th and 8th Note Patterns	50
1-Bar 16th and 8th Note Patterns	51
<b>Lesson 18 - 16th Note Grooves</b>	<b>52 &amp; 53</b>
<b>Back Cover</b>	<b>54</b>

## The Cheesewasel Drum Set Method

by William Pomares

Copyright © 2007 by William Pomares

All rights reserved.

**Additional materials available at:**

**[www.bandsolution.net](http://www.bandsolution.net)**

**Product support password for downloads:**

██████████

Special thanks to the following people who have helped with this project: Yenrac Nave, Michele, Maria, Anthony, & The Lab Rat.

## What it IS and What it AIN'T - Author's Note

This book is designed to address basic set-up and playing position for drum set, music reading fundamentals specific to drum set, basic coordination of 4 limbs, and note reading using whole notes, half notes, quarter notes, eighth notes (and their counterpart rests). Basic studies using 16th notes are included towards the end, but this is not exhaustive by any means. All exercises use the 4/4 time signature.

No attempt has been made to address rudimental studies, as it is beyond the scope of this book. This is best addressed with a separate method book.

Fills and soloing are also not addressed, as there are other texts that address these areas very well. When the student has completed page 42 of this book, he/she would do well to begin study using Alfred's Beginning Drumset Method by Sandy Feldstein and Dave Black, beginning on page 12 of that text. The Alfred Method is a great text for developing rock style fills and comes with an excellent play-along CD for practicing.

I also recommend the Ultimate Play-Along for Drums, Level One, Volume One and Level One Volume Two by Dave Weckl. These contain well-written charts for drumset and the play-along tracks are excellent. In order for the student to achieve optimum success, these books should be studied after the student has completed this book and has done substantial study in the Alfred Book.