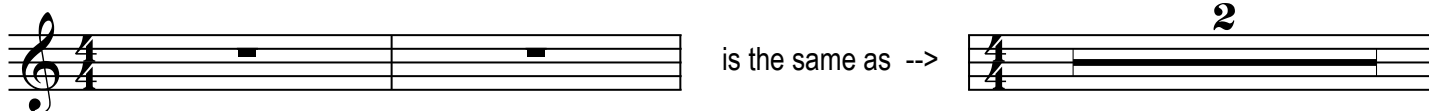


Sometimes our music requires us to rest for longer than 1 measure before we play. Instead of writing lots of whole rests all in a row, they use a different kind of notation to show multiple measures of rest.



It's quite important to KEEP TRACK of the time during these rests so that you PLAY AT THE CORRECT TIME when it is time for you to play; that is, when your rest is over.

Therefore, the method we use to count this is as follows:



Count out loud: **1** 2 3 4, **2** 2 3 4

While counting, keep track of each measure with your fingers (discreetly) on your lap or on your instrument. This way, if your neighbor gets lost or distracted during the rest, they can quickly (without saying anything!) get back on-track so they come in at the correct time. This will help to keep the band together during the long rest. PLUS, you can "check-in" with the musicians in your section to make sure YOU are in the correct spot during the rest.

This is a 4-measure rest, so therefore, we count it:



Count out loud: **1** 2 3 4, **2** 2 3 4, **3** 2 3 4, **4** 2 3 4

*** In order to be sure that you are ready to play after a multi-measure rest, go to Playing Position (UP) on the LAST MEASURE of the rest.

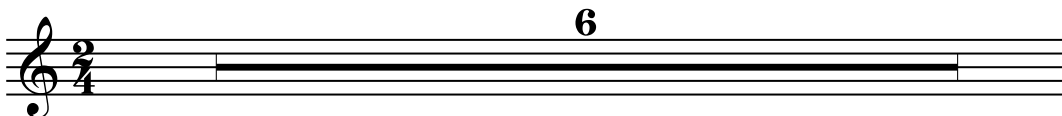
In other words:

Count out loud: **1** 2 3 4, **2** 2 3 4, **3** 2 3 4, **UP** 2 3 4

The TIME SIGNATURE will affect how many beats you count during a multi-measure rest, as in the next two examples.



Count out loud: **1** 2 3, **2** 2 3, **3** 2 3, **4** 2 3



Count out loud: **1** 2, **2** 2, **3** 2, **4** 2, **5** 2, **6** 2